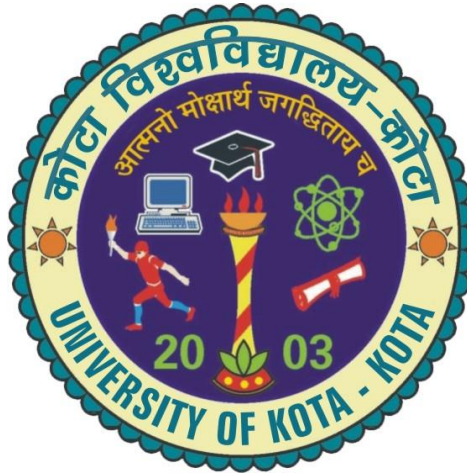


# **Syllabus and Course Scheme**

**Academic year 2024-25**



**B.A –PSYCHOLOGY**

**Exam.-2024-25**

**UNIVERSITY OF KOTA**

**MBS Marg, Swami Vivekanand Nagar,  
Kota - 324 005, Rajasthan, India**

**Website: [uok.ac.in](http://uok.ac.in)**

# UNIVERSITY OF KOTA

## UNDERGRADUATE SYLLABUS (Psychology) Paper Code – 5125P

Following the choice based credit system (CBCS)

**For academic qualification:** Undergraduate certificate, Under graduate Diploma and Three years Bachelor's degree in Arts (B.A)

**Discipline:** Psychology (Subject/Discipline code-Psy-5125P)

Semester	Academic Session
Semester I & II	2023-24
Semester III & IV	2024-25
Semester V & VI	2025-26

**Scope:** All affiliated colleges of the University.

**Key features:**

1. Semester System
2. Multiple Entry and Exit
3. Continuous Assessment
4. Grading System

Guided by

Directives of the State Government circulated vide letter no. 418 (10) -  
4/2020दिनांक08.06.2023

## SCHEME

S. NO	Course code	Course Cat.	Title of the Course	Duration of Exam	Teaching Hrs/week Credit			Distribution of marks			Min Pass marks	
					L	P	C	Int. Ass.	SEM. Ass.	Total	Int. Ass.	SEM. Ass.
<b>SEMESTER-III</b>												
1	Psy1005T	DCC	Theory-I- Statistics Of Psychology	3 Hrs	4	-	4	30	70	100	12	28
2	Psy 1006P	DCC	Practicum-II	3Hrs	2	4	2	-	50	50		25
3	AEC -2	AEC	English/ Hindi		2				50	50		20
<b>SEMESTER-IV</b>												
4	Psy 1007T	DCC	Theory-II- Abnormal Psychology	3 Hrs	4	-	4	30	70	100	12	28
5	Psy 1008P	DCC	Practicum -II	3 Hrs	2	4	2	-	50	50		25
6	AEC -2	AEC	Hindi / English		2				50	50		20

## B.A. PART-II PSYCHOLOGY 2024

### SEMESTER – III

Theory-I Semester Assessment	Duration 3 Hrs	70 Marks
Internal Assessment	Duration 1 hour	30 Marks

The distribution of marks for continuous and external assessment is as under:

Continuous Assessment Weightage		External assessment weightage	Total marks/ Total Credits
Regular Students		Total	
		Paper based External Evaluation (Term end Examination)	
Mid-Term Test	Presentation		
20	10	30	70
			100

### PAPER CODE PSY-1005T

#### STATISTICS IN PSYCHOLOGY

**Objective :** To understand the basic of statistics Psychology.

Note: Use of simple calculator will be allowed for statistical portion in the paper.

Duration 3 Hrs

70 Marks

The question paper will contain two section as under:

**Section ‘A’ :** There will be one question with ten parts from each unit with no internal choice. The weightage of each part is 2 marks hence the total weightage of this section is 20 marks (10x2=20) and the word limit is 40 words per questions.

**Section ‘B’ :** There will be five questions with one question from each unit with internal choice (may have sub divisions). The weightage of each questions of section is 10 marks hence the total weightage is 50 marks (10x5=50) and the words limits is 400 words per question.

#### Unit-I

- Introduction, Nature and Importance of Statistics.
- Range, Frequency Distribution and Tabulation of Data.

#### इकाई-I

- सांख्यिकी का परिचय, स्वरूप व महत्व ।
- विस्तार, आवृत्ति वितरण एवं प्रदत्तों का सारणीयन ।

## Unit-II

- Measures of Central Tendency-Mean, Median & Mode.
- Graphic Representations of Data-Frequency Histogram, Frequency Polygon, Cumulative Frequency Curve, Ogive, Smoothing of Frequency Curve, Bar Diagram.

### इकाई-II

- केन्द्रिय आवृत्ति मापन : माध्य, मध्यिका, बहुलक ।
- प्रदत्तों का आलेखीय चित्रण, आवृत्ति स्तंभाकृति, आवृत्ति बहुभुज, संचयी आवृत्ति वक्र, तोरण, आवृत्ति वक्र का सरलीकरण, स्तम्भ रेखाचित्र ।

## Unit-III

- Measures of Variability-Range, Average Deviation, Standard Deviation, And Quartile Deviation.

### इकाई-III

- विचलन के माप – मध्यमान विचलन, प्रमाणिक विचलन, चतुर्थांश विचलन ।

## Unit-IV

- Correlation- Meaning, Rank Difference Correlation (Rho), Pearson Product-Moment Correlation Methods-(Real Mean Method)

### इकाई-IV

- सहसम्बन्ध- अर्थ, कम अन्तर सह-सम्बन्ध विधि, पीयरसन की प्रोडक्ट मोमेन्ट सह-सम्बन्ध (वास्तविक मध्यमान विधि) ।

## Unit-V

- Measures of Significance:-t-test, Chisquare-2x2 Contingent Table.

### इकाई-V

- सार्थकता का मापन – टी-टेस्ट, काई वर्ग- 2x2 प्रासंगिक सारणी ।

### Books Recommended:

- Garrett- Statistics in Psychology and Education (Vakils Feffar and Siman).
- Mangal S.K. – Statistics in Psychology and Education

### पठन सामग्री

- मनोविज्ञान व शिक्षा में सांख्यिकी : गेरट एच.ई. (प्रकाशक-वकील्स)
- मनोविज्ञान सांख्यिकी: मिश्रा व त्रिपाठी (प्रकाशक-हर प्रसाद भार्गव, आगरा)
- मनोविज्ञान व शिक्षा में सांख्यिकी के मूल आधार: लाभसिंह व द्वारिका प्रसाद (प्रकाशक-हरप्रसाद भार्गव, आगरा)

- मनोविज्ञान व शिक्षा मे मापन एवं मूल्यांकन: अग्रवाल एवं अस्थाना(प्रकाशक—विनोद पुस्तक मन्दिर, आगरा)
- मनोविज्ञान व शिक्षा मे सरल सांख्यिकी: माखीजा एवं माखीजा (प्रकाशक—लक्ष्मी नारायण अग्रवाल, आगरा)
- मनोविज्ञान व शिक्षा मे मापन एवं मूल्यांकन:अस्थाना एवं अस्थाना(प्रकाशक—विनोद पुस्तक मन्दिर, आगरा)
- आधुनिक सांख्यिकीय विधियाँ— भाटिया तारेण, सिंह आर.एन ( अग्रवाल पब्लिकेशन आगरा)

### PRACTICUM (CODE-PSY-1006P)

The Distribution of Marks will be as follows:

Practical Record book and Internal Assessment	= 15
Conduction and report of one experiment	= 25
Oral defense	= 10
Total	= 50

- |  |                                     |
|--|-------------------------------------|
| • Central Tendency                       | • Test of correlation               |
| • Any one Graphic Representation of data | • t-test                            |
| • Measures of variability                | • any other proposed by the teacher |

Note: students have to complete any 4 practical in the class.

अंकों का विभाजन :

प्रायोगिक रिकार्ड पुस्तिका व आंतरिक मूल्यांकन	— 15
एक प्रायोगिक कार्य एवं प्रतिवेदन	— 25
मौखिक बचाव	— 10
योग	— 50

- |                             |   |
|-----------------------------|---|
| • केन्द्रिय आवृत्ति के मापन | • सहसम्बन्ध परीक्षण                       |
| • कोई भी एक रेखाचित्रण      | • टी-टेस्ट                                |
| • विचलन के मापन             | • कोई भी एक मापनी अध्यापक के सुझाव अनुसार |

नोट — विद्यार्थियों को कोई 4 प्रयोग कक्षा में करने हैं।

## B.A. PART-II PSYCHOLOGY 2024

### SEMESTER – IV

Theory-I Semester Assessment	Duration 3 Hrs	70 Marks
Internal Assessment	Duration 1 hour	30 Marks

The distribution of marks for continuous and external assessment is as under:

Continuous Assessment Weightage		External assessment weightage	Total marks/ Total Credits
Regular Students		Total	Paper based External Evaluation (Term end Examination)
Mid-Term Test	Presentation		
20	10	30	70
			100

### PAPER CODE PSY-1007T

#### ABNORMAL PSYCHOLOGY

**Objective :** To understand the basic of Abnormal Psychology and to understand the individual abnormality in the world.

Duration 3 Hrs

70 Marks

The question paper will contain two section as under:

**Section ‘A’ :** There will be one question with ten parts from each unit with no internal choice. The weightage of each part is 2 marks hence the total weightage of this section is 20 marks (10x2=20) and the word limit is 40 words per questions.

**Section ‘B’ :** There will be five questions with one question from each unit with internal choice (may have sub divisions). The weightage of each questions of section is 10 marks hence the total weightage is 50 marks (10x5=50) and the words limits is 400 words per question.

#### Unit-I

- Introduction- Concept and Criteria of Abnormal Behavior.
- Causes of Abnormal Behavior.

#### इकाई-I

- प्रस्तावना- असामान्य व्यवहार के दृष्टिकोण व कसौटियां ।
- असामान्य व्यवहार के कारण ।

## Unit-II

- Psychoneuroses-Symptoms And Causes ( Hysteria Neuroses; Anxiety Neuroses, Phobia Neuroses, Obsessive -Compulsive Neurosis).

### इकाई—II

- तंत्रिकाताप— लक्षण तथा कारण, (हिस्टीरिया जन्य: तंत्रिकाताप, दुश्चिंता तंत्रिकाताप, दुर्भिति तंत्रिकाताप, मनोग्रस्ति— बाध्यता तंत्रिकाताप)

## Unit-III

- Functional Psychosis-Symptoms And Causes, (Schizophrenia, Manic Depression, Paranoia).
- Theories- Psychoanalytic Theory of Freud And Erikson.

### इकाई—III

- मनःस्ताप—लक्षण तथा कारण, (मनोविदिलता, उन्माद—अवसाद, व्यामोह, मनःस्ताप) ।
- फ्रायड का मनोविश्लेषणवाद का सिद्धान्त व एरिकसन का सिद्धान्त ।

## Unit-IV

- Alcoholism- Incidence, Effects, Causes, Clinical Picture, Stages in Alcoholic Dependence and Treatment.
- Mental Retardation-Meaning, Types & Causes.

### इकाई—IV

- मद्यपान: मद्यपान के घटनाक्रम व प्रभाव, नैदानिक स्वरूप, मद्यपान निर्भरता के विभिन्न स्तर, मद्यपान के कारण एवं उपचार ।
- मानसिक मन्दन—अर्थ, प्रकार एवं कारण ।

## Unit-V

- Contemporary Approaches of Therapy-Biological, Behavioral, Psychological Approach. Psychoanalytic Approach, Socio-cultural Approaches, Institutionalization and Aftercare.

### इकाई—V

- चिकित्सा के समकालीन उपागम—जैविक चिकित्सा, व्यवहार चिकित्सा, मनोवैज्ञानिक उपागम, मनोविश्लेषण उपागम, सामाजिक व सांस्कृतिक उपागम, संस्थाकरण व चिकित्सा उपरांत देखभाल (उत्तर सेवा) ।

## Books Recommended:

- Page- Abnormal psychology. (Tata McGraw Hill, Bombay)
- Coleman,- Abnormal psychology in Modern Life. (Taraporwala, Bombay)
- Sarason,- Abnormal psychology. (Prentice Hall, New Delhi)
- Davison- Abnormal psychology: Experimental Clinical Approach (Willey Eastern Ltd. )



## पठन सामग्री

- असामान्य मनोविज्ञान : त्रिपाठी (प्रकाशक—हर प्रसाद भार्गव, आगरा)
- असामान्य मनोविज्ञान : ओझा (प्रकाशक—हर प्रसाद भार्गव, आगरा)
- असामान्य मनोविज्ञान : कपिल (प्रकाशक—हर प्रसाद भार्गव, आगरा)
- असामान्य मनोविज्ञान : सिंह अरूण कुमार (मोतीलाल एवं बनारसीदास, नई दिल्ली)

### PRACTICUM (CODE-PSY-1008P)

- The Distribution of Marks will be as follows:

Practical Record book and Internal Assessment	= 15
Conduction and report of one experiment	= 25
Oral defense	= 10
Total	= 50

- Anxiety
- Adjustment
- Aggression
- Fear
- Depression
- Phobia

Note: students have to complete any 4 practical in the class.

अंकों का विभाजन :

प्रायोगिक रिकार्ड पुस्तिका व आंतरिक मूल्यांकन	— 15
एक प्रायोगिक कार्य एवं प्रतिवेदन	— 25
मौखिक बचाव	— 10
योग	— 50

- दुश्चिंता का मापन
- समायोजन का मापन
- आक्रामकता मापन
- दुर्भिति
- भय सूची पत्र मापनी
- अवसाद मापन

नोट — विद्यार्थियों को कोई 4 प्रयोग कक्षा में करने हैं।